

Wellness Expo at SunCoast Blood Centers December 13, Saturday, 8 AM to 1 pm Indoors



With over 20 different Wellness Vendors to help inspire a healthy lifestyle and gift ideas for those you love.

When: Saturday, December 13, 2025, 8 a.m. to 2 p.m.

FREE TO ATTEND Community Wide Event

Where: Hosted by **SunCoast Blood Centers** and Sponsored by **Renova**

3025 Lakewood Ranch, Blvd suite 111, Bradenton, FL 34211

What: A Wellness Fair focused on staying healthy over the holidays and giving health related experiences to the folks on your list.

PLUS: Everyone who donates blood that day will receive an e-Gift Card to help with holiday shopping. New donors will get a \$30 e-gift card and returning donors will get an e-gift Card up to \$50. Also, All donors that day can bring in up to 5 gifts to be wrapped by the elves at SunCoast Blood Centers. 1-866-97-**BLOOD** or SunCoast**Blood.org**

What to Expect:

Information, demonstrations, and meetings with professionals in Eastern Medicine, Holistic Health and Wellness. If you are curious about alternative healthcare, exploring local practitioners, or an expert in holistic options, this event is for you. All modalities complement Western Medicine with vendors offering individuals the opportunity to learn more about alternatives. Also, in attendance in order to bring awareness to community non-profits with impact:

Sarasota Contemporary Dance (SCD) For over 20 years, SCD has enriched the community with robust programming, including performances, ongoing dance classes for all levels, and inclusive dance initiatives.

www.sarasotacontemporarydance.org

Cornell Behavioral Health Pavilion at Sarasota Memorial, a state-of-the-art facility providing a comprehensive range of mental health services. www.smh.com

List of Professionals in Health

Dragon Rises College of Oriental Medicine

DRCOM provides a fully accredited joint Bachelor's and Master's degree program in Acupuncture and Chinese Herbal Medicine dragonrises.edu

Renova Micro-Pulsation Platform (Made in USA, Sarasota, Florida) User-adjustable, therapeutic platform that is tailored to individual preference and goals. Users have reported relief from neuropathy, lymphatic drainage, arthritis, plantar fasciitis, sore muscles, lower back pain, reduction in menstrual discomfort, and helps with overall wellness.

SarasotaRenova.com

Valley Bank (Sarasota)

Comprehensive financial services, including personal and business banking, loans, mortgages, and wealth management. Providing peace of mind in financial requirements with understanding the individual needs all with a genuine caring approach. www.valley.com

Sue Phillips International Fragrance Expert, helps you discover how Fragrance creates Wellness for your senses. She is the author of 'The Power of Perfume' and has helped over 250 people regain their sense of smell from Covid Anosmia.

suephillips.com

Alignment: Mediation & Arbitration Solutions Peacemaking, Resolutions, and Alternate Dispute Resolutions

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Longiva IV Therapy and Weight Loss Clinic Sarasota's #1 Infusion IV Therapy Lounge Weight Loss Services, Mobile IV Therapy Glutathione & NAD+ Infusions Hydrate, Nourish, Transform. longivacare.com

Chari Center of Health Experience natural, doctor-designed solutions for weight loss, hormone balance, and reverse aging with Dr. Roopa Chari, MD, and Deepak Chari, MS. Their Integrative and Functional Medicine practice also offers Advanced Voice Biofeedback for deep emotional healing—helping you look and feel your best for a happy, thriving life.

www.charicenter.com

Siesta Wellness Institute women's health center in Sarasota, specializing in advanced, compression-free 3D breast imaging for early cancer detection by Koning Vera Scan. The facility includes an in-house esthetician, including oncology-certified skincare. Also offers a range of regenerative therapies www.siestawellness.institute

Bella Grace Redefines luxury in wellness and beauty. Our foundational product, the Elixir, combines the ultimate supplement for total body wellness, helping reconstruct collagen, as well as offer antioxidant and anti-inflammatory effects. www.bellagraceglobal.com

Vollara Safe Air and Water Technologies Award-winning technology is proven nearly 100% effective in safely eliminating many common airborne and surface bacteria www.vollara.com

GoSmart Travel Wellness Travel Products www.gosmart.travel

Gameday Men's Health Help men suffering from low testosterone, optimize their hormonal health & reclaim their life. www.gamedaymenshealth.com/sarasota/

Elite IV Hydration Wellness center specializing in intravenous (IV) drips and vitamin injections, as well as providing other wellness services. The company offers treatments both in its clinics and through a mobile, concierge service that comes to customers' homes, offices, or hotels. www.eliteivhydration.com

Age Reversal Technology Center Dr. Max MacCloud is a founder of a new and different type of 'health promotion' facility, a prototype for a new 'Health' care model that focuses on restoring and building health rather than just fighting disease in Sarasota www.artc.health

Sanctuary Holistic Spa a faith-based wellness center located in Palmetto, Florida, that offers holistic skin and body care services. Services are provided by appointment only and are guided by the biopsychosocial model, which acknowledges the interconnectedness of mental, biological, and social factors in health. www.mysite.vagaro.com/sanctuaryholisticspa/

Compass Home Nursing Solutions Nicole Thibodeau is a Registered Nurse and certified wound care specialist offering personalized, private home care services for the local aging population or anyone seeking optimal health or holistic nurse coaching. No contracts, flexible availability. www.compasshns.com

All Labs Today is an independent medical testing laboratory that makes medical testing simple and stress-free. Located on SR 70 in Bradenton, it offers fast, accurate results with no appointment, doctor's order or insurance needed. It also offers All Labs ToGo, a mobile phlebotomy service and All Labs Monthly, a wellness membership program to stay on top of your health. Open Monday-Saturday, walk-ins are always welcome. www.alllabstoday.com

Dr. Chippy Integrative Medicine Physician-led integrative practice combining cardiology, nutrition, lifestyle medicine to reverse chronic disease and optimize longevity. We look beyond "normal" labs to uncover the root causes of fatigue, poor sleep, brain fog, and metabolic dysfunction. Our multi-practitioner team personalizes evidence-based interventions that restore the body's natural capacity to heal. Every plan is guided by advanced diagnostics, nutrition science, and mind-body support. Helping patients improve energy, sleep, vitality while reducing long-term cardiovascular risk. www.drchippy.com

Age Strong Physical Therapy & Wellness helps adults 55+ stay active, strong, and doing the things they love—like golf, pickleball, and travel. We specialize in individualized physical therapy, golf performance programs, and small-group strength classes designed for older adults. Our focus is on building strength, balance, and confidence so you can move well and live fully. Whether you're recovering from an injury or just want to improve your performance, we'll help you stay independent and active for years to come. www.agestrongptwellness.com

Perspire Sauna Studio combines full-spectrum infrared heat with medical-grade red light therapy to deliver a powerful wellness experience. The infrared heat works deep within the body to promote detoxification, improve circulation, reduce inflammation, and relieve muscle tension. At the same time, red light therapy stimulates cellular repair and collagen production, helping to rejuvenate the skin and enhance overall recovery. Together, these therapies can boost energy, support metabolism, and improve sleep quality by calming the nervous system and balancing the body. Many guests notice clearer skin, reduced soreness, and a greater sense of relaxation after consistent sessions. Overall, Perspire Sauna Studio provides a restorative escape that blends science and self-care for long-term health benefits. www.perspiresaunastudio.com

The Thrivery Raw Cold pressed unpasteurized juices, healthy smoothies and clean eats. www.thethrivery.com

Prime IV Hydration & Wellness specializes in intravenous (IV) vitamin and hydration therapy designed to help individuals look, feel, and perform better. primeivhydration.com

Elite Life Coaching by Patricia Driessen, Holistic Healing & Energy Medicine for Mind, Body, and Spirit. www.elitelife-coaching.com

Rockstar Topical Bontonical Blends 100% plant-based topical body for women and men, crafted with full-spectrum hemp and terpene-rich botanicals www.rockstarblends.com

BioLIT Spa is a luxury wellness center in Sarasota. It offers a range of non-invasive, technology-driven therapies focused on "bio-optimization" to help improve performance, vitality, and overall wellness. www.biolitspa.com

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